



SWANAGE HAVEN BREAKFAST MENU



BREAKFAST SERVED
8.30AM—9.30 AM

Please feel free to help yourself to the buffet along with Cereals, Fruit, Yogurt, Pastries & Coffee. We will be along shortly to take your order of one article from the items below.

Full English Breakfast

Free Range Egg, Smoked Dorset Bacon, Dorset Pork & Leek Sausage, Baked Beans, Tomato and Mushrooms.

Eggs can be fried, scrambled or poached.

Vegetarian Breakfast

Free Range Egg, two Soya Sausages, Baked Beans, Tomato, Mushrooms and Hash Brown.

Eggs can be fried, scrambled or poached.

Vegan Breakfast

Two Soya Sausages, Baked Beans, Tomato, Mushrooms & Hash Brown.

All the above served with :

Tea

Regular, Earl Grey, Herbal, etc.

Coffee

Regular filter, decaf on request

Toast (Home made) Brown , White or Mixed

Light Bites:

Almond porridge.

Organic oats, Almonds, hot milk & honey
Suitable for Vegan please ask for option

Boiled Eggs

(2) with buttered Toast or Soldiers.

Toasted Muffin

Served with Smoked Salmon & Scrambled Eggs.

Toasted Muffin

Served with Dorset Ham & Eggs.
Eggs can be fried or scrambled

Toasted Muffin

Served with Mushroom & Tomato.
Suitable for Vegan please ask for option

Eggs Benedict (Ham)

Muffin, Poached Egg, Ham & Hollandaise Sauce.

Eggs Royale (Salmon)

Muffin, Poached Egg, Salmon & Hollandaise Sauce.

Pancakes

Served with Maple Syrup, Lemon Juice or Butter

Special Diets

Gluten free and Dairy free options available as well as Soya Margarine and Milk on request.

Please let us know if you have any food allergy or special dietary request at Each meal we provide for you. Details of our menu options that contain the EU top 14 allergens are listed in a folder in the Bar area near the door.



SWANAGE HAVEN

GLUTEN FREE

BREAKFAST MENU



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Full English Breakfast

Free Range Egg, Smoked Dorset Bacon,
Gluten Free Pork Sausage, Baked Beans, Tomato
and Mushrooms.

Eggs can be fried, scrambled or poached.

Vegetarian Breakfast

Free Range Egg, two Soya Sausages, Baked Beans, Tomato,
Mushrooms and Hash Brown.

Eggs can be fried, scrambled or poached.

Vegan Breakfast

Two Soya Sausages, Baked Beans, Tomato, Mushrooms
& Hash Brown.

All the above served with :

Tea

Regular, Earl Grey, Herbal, etc.

Coffee

Regular filter, decaf on request

Toast (Home made) Brown , White or Mixed

Light Bites:

Gluten Free Almond porridge.

Gluten Free oats, Almonds, hot milk & honey
Suitable for Vegan please ask for option

Boiled Eggs

(2) with buttered Gluten free Toast or
Soldiers.

Toasted Muffin

Served with Smoked Salmon & Scrambled
Eggs.

Gluten Free Toasted Muffin

Served with Ham & Eggs.
Eggs can be fried or scrambled

Gluten Free Toasted Muffin

Served with Mushroom & Tomato.
Suitable for Vegan please ask for option

Eggs Benedict (Ham)

Gluten Free Muffin, Poached Egg, Ham &
Hollandaise Sauce.

Eggs Royale (Salmon)

Gluten Free Muffin, Poached Egg, Salmon
& Hollandaise Sauce.

Gluten Free Pancakes

Served with Maple Syrup, Lemon Juice
Or Butter.

Special Diets

Dairy free options available as well as Soya Margarine and Milk on request.

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Details of our menu options that contain the EU top 14 allergens are listed in a folder in the Bar area near the door.